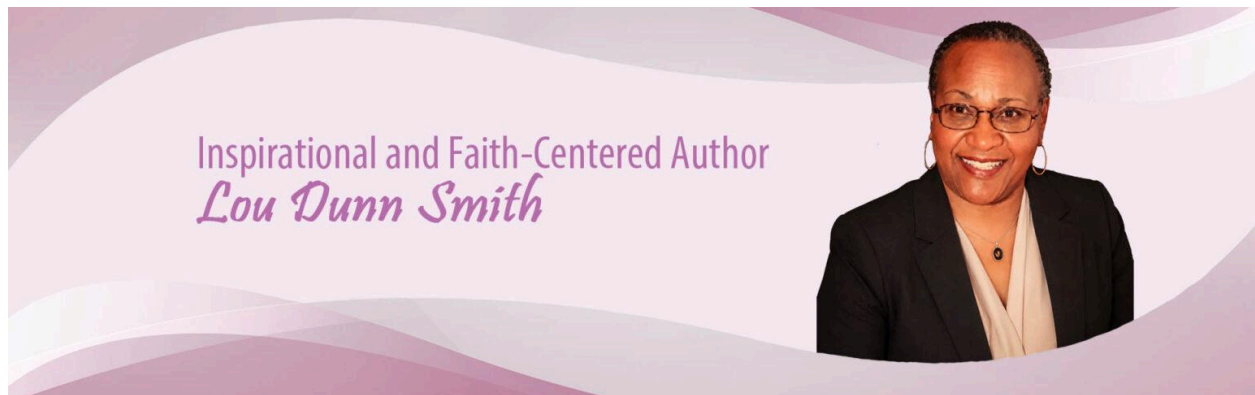




LOU SMITH MEDIA KIT

Author of *From Pain to Purpose*

AUTHOR INFORMATION

Lou Smith

Author | Evangelist | Speaker | Bible Teacher | Workshop Leader

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AUTHOR BIO

Lou Smith

Lou Smith is an author, evangelist, speaker, Bible teacher, and ministry leader whose life and message demonstrate God's power to transform heartbreak into purpose.

A Louisiana native, Lou graduated magna cum laude from Grambling State University with a degree in Speech and Drama. She later earned a degree in Biblical Education from Beulah Heights University, where she graduated with a 4.0 GPA, was named Student of the Year, and received the Evangelical Training Association Standard Teacher Diploma.

An ordained minister with Christian Global Outreach Ministries, Lou has spent decades serving the body of Christ through evangelism, discipleship, teaching, counseling, women's ministry, marriage ministry, drama ministry, and leadership development. Alongside her husband of more than forty years, Henry Smith, she has helped strengthen individuals, couples, families, and church communities through ministry and mentorship.

Known for her transparency, humor, biblical insight, and encouraging spirit, Lou has spoken at conferences, retreats, seminars, Women's Day programs, leadership trainings, and church events across multiple generations.

Her latest book, *From Pain to Purpose*, chronicles her deeply personal journey through repeated miscarriages, grief, disappointment, frustration, and unanswered prayers before a life-changing encounter with God revealed the purpose hidden within her pain.

Lou is also the author of three children's books, *I Will Fly Again!*, *Cameron's Road Trip* and *Adoption: God's Love Story*.

Today, Lou continues to encourage people worldwide through speaking, teaching, writing, and sharing the transforming power of faith.

She resides in Bossier City, Louisiana, with her husband Henry. Together they share a rich legacy of faith, family, service, and ministry.

BOOK SYNOPSIS

From Pain to Purpose

Have you ever prayed, believed God wholeheartedly, and still experienced disappointment?

Have you ever wondered why it seems everyone else is receiving their blessing while your prayers remain unanswered?

In *From Pain to Purpose*, author and evangelist Lou Smith courageously shares her personal journey through repeated miscarriages, heartbreaking loss, unfulfilled dreams, frustration, anger, and spiritual confusion.

Like many believers, Lou trusted that faithfulness, obedience, and prayer would lead to receiving the deepest desires of her heart. Instead, she found herself facing devastating disappointment while struggling to understand God's plan.

At her lowest point, overwhelmed by grief and discouragement, Lou experienced a powerful encounter with God that changed her life forever. Through that encounter,

she discovered a purpose greater than her pain and a calling that had been unfolding throughout her journey all along.

With honesty, transparency, biblical wisdom, and heartfelt storytelling, *From Pain to Purpose* invites readers to examine their own disappointments and discover how God often works through life's most difficult seasons to reveal purpose, healing, and destiny.

This unforgettable testimony offers hope to anyone who has ever wrestled with unanswered prayers, loss, setbacks, or uncertainty about God's plan.

Readers will discover:

- How to find purpose in pain
 - Why disappointment does not mean God has forgotten you
 - Biblical principles for healing and restoration
 - How faith can survive life's greatest challenges
 - Practical steps for moving from grief to purpose
 - How God can use your pain as part of your testimony
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PRESS RELEASE

FOR IMMEDIATE RELEASE

New Book *From Pain to Purpose* Offers Hope for Anyone Struggling With Disappointment and Unanswered Prayers

Bossier City, Louisiana — Author, evangelist, and speaker **Lou Smith** invites readers into a deeply personal journey of faith, healing, and purpose with the release of her inspiring new book, *From Pain to Purpose*.

In this powerful memoir, Smith shares her transparent story of enduring multiple miscarriages while grappling with grief, disappointment, unanswered prayers, and questions about God's plan. Rather than allowing pain to define her future, she discovered that God was using her greatest heartbreak to reveal a greater purpose.

"Many people silently struggle with disappointment because life did not unfold as they expected," says Smith. "My prayer is that readers will understand that God has not forgotten them. Even in our most painful seasons, He is still working."

Throughout the book, Lou examines one of life's most difficult questions: What happens when you've trusted God, obeyed His Word, and believed for a miracle that never came?

Through biblical insight, personal testimony, and spiritual reflection, Smith reveals how God transformed her pain into purpose and redirected her focus toward building His eternal kingdom.

Award-winning author **Danyelle Scroggins** praises the book's message of faith and perseverance:

"Lou Smith's testimony is both courageous and deeply inspiring. From Pain to Purpose reminds readers that God's greatest work often happens in the midst of life's most painful experiences. This book offers hope, healing, and encouragement for anyone navigating disappointment."

GoodGirlBookClubOnline.com also applauds the impact of Smith's story:

"From Pain to Purpose is a remarkable testimony of resilience, faith, and transformation. Lou Smith's transparency creates a powerful connection with readers and provides hope for those carrying hidden pain, grief, and unanswered questions. Her story demonstrates that purpose often emerges from life's deepest wounds."

With honesty, grace, and practical wisdom, *From Pain to Purpose* offers readers a pathway toward healing while reminding them that no disappointment is wasted in the hands of God.

For interviews, speaking engagements, book clubs, media requests, or event bookings:

Lou Smith

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AUTHOR Q&A

What was the exact moment when you realized your pain was guiding you toward purpose rather than holding you back?

When God spoke to me, I understood that my pain was part of a greater plan. I had been focused on one desire—giving birth to a child—but God revealed a purpose far beyond what I could see. My attention was fixed on the physical and temporary, while His plan centered on the spiritual and eternal.

How did the emotions you felt at the beginning of your journey shape the direction of your healing?

At the beginning, I was focused on becoming a mother. After hearing God's voice, I realized He was calling me to help bring spiritual children into His family. That

revelation shifted my focus from what I had lost to what God was calling me to gain.

What was the most unexpected lesson you learned while moving through disappointment and restoration?

I learned that God's blessings are not earned by our good deeds. God heals and blesses because of His love and grace. That understanding transformed my perspective on faith and surrender.

In what ways did your faith strengthen your resilience during the most difficult seasons?

God's Word became my foundation. Although fear and doubt tried to challenge my faith, I knew God's promises remained true. Through prayer and dependence on Him, I found the strength to endure.

How did you begin identifying your true purpose through your pain?

Through my miscarriages, I began to understand that building God's eternal family through evangelism was part of my divine assignment. Looking back, I realized I had already been walking in my purpose long before I recognized it.

What practical healing practices supported you most?

Prayer, worship, gratitude, reading God's Word, rejecting negative thoughts, and serving others helped me stay focused on God's faithfulness.

How did writing this book change you personally?

Writing the book brought freedom and peace. Instead of revisiting disappointment, I experienced gratitude for God's faithfulness and guidance throughout my journey.

What is the one message you want every reader to remember?

God has a plan and purpose for your life. Difficult seasons are temporary, but God's purpose is eternal. Your greatest disappointment may become your greatest testimony.

What advice would you give someone currently navigating a painful season?

Take life one day at a time. Pray consistently, trust God's timing, stay open to His voice, and remember that this season is not permanent.

How can readers activate purpose while they're still healing?

Pray daily for God's guidance and trust Him to reveal the next step. You don't have to see the whole picture to begin walking in purpose.

What's next for you as an author?

I plan to return to the novel I was writing before God inspired me to write *From Pain to Purpose*, and continue creating stories rooted in biblical principles.

What is one concept from the book you'd like women to remember?

The concept of a "life bag." Everyone carries unseen joys, disappointments, wounds, and struggles. Rather than judging others, we should offer grace, compassion, and Christ-like love.

KEY INTERVIEW TOPICS

Faith & Healing

- How to trust God through disappointment
- Healing after miscarriage and loss
- Overcoming anger with God
- Faith during unanswered prayers

Women's Ministry

- Finding purpose after heartbreak
- Grief and restoration
- Women supporting women through pain
- Biblical encouragement for difficult seasons

Personal Development

- Turning pain into purpose
- Emotional healing practices

- Walking in your God-given calling
- Living with purpose and intention

Christian Living

- Understanding God's timing
 - The power of surrender
 - Discovering purpose through adversity
 - Applying Scripture to life's challenges
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SPEAKING TOPICS

Signature Presentation

From Pain to Purpose: Discovering God's Plan Through Life's Greatest Disappointments

Additional Topics

- When God Says No
 - Finding Purpose in Unanswered Prayers
 - Healing After Loss and Disappointment
 - Building Faith During Difficult Seasons
 - The Power of Your Testimony
 - Living Beyond Your Pain
 - Discovering Your Divine Assignment
 - Women's Healing and Restoration
 - Purpose Beyond the Promise
 - Turning Trials Into Testimonies
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MEDIA CONTACT INFORMATION

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Available For:

- Television Interviews
 - Radio Interviews
 - Podcast Interviews
 - Conference Speaking
 - Church Events
 - Women's Conferences
 - Book Clubs
 - Retreats
 - Ministry Events
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From
PAIN
to
PURPOSE

*Finding Healing and Restoration after
Life's Disappointments*

LOU SMITH



From Pain to Purpose

By Lou Smith

"When God transforms disappointment into destiny."

QUICK FACT SHEET

Author: Lou Smith

Book Title: *From Pain to Purpose*

Genre: Christian Memoir / Inspirational / Personal Growth

Primary Audience: Women, Christian Readers, Ministry Groups, Book Clubs

Core Themes: Faith, Healing, Purpose, Miscarriage Recovery, Overcoming Disappointment, Spiritual Growth

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Tagline: *Your pain is not the end of your story. It may be the beginning of your purpose.*